

## Ultrasound examination of the lower abdomen

You have been referred for an ultrasound examination.

Please reserve one hour for your visit. The examination usually takes 20 minutes. Patients who need urgent examinations may be examined before you.

Please see the arrival instructions or appointment letter for contact information, if you have any questions about the examination.

### Before the examination

- Drink 1 liter of water or juice 2 hours before the examination. Do not urinate after drinking the liquid. If you find it difficult to hold urine for that long, you can arrive at the X-ray unit an hour before the scheduled examination to drink.
- If you have a urinary catheter, close it 2 hours before the examination.
- You may eat as usual before the examination.

Follow these instructions carefully to ensure a successful examination.

### During the examination

An ultrasound examination is painless. No radiation will be used.

You will be lying down for the examination and you will need to remove clothes from the area to be examined.

A radiologist or a radiographer will spread gel on the area to be examined and move the ultrasound probe on your skin.

### After the examination

- If you have closed your urinary catheter, open it.
- You will receive the results of the examination from the doctor who treats you.
- If you do not know how to find out the results, please contact the outpatient clinic or ward that referred you to this examination.

### Other things to note

- Please take your Kela-card or identification with you.
- You will not be charged for the examination separately.
- Cancel the appointment if you cannot come. If you do not cancel, you will be charged a fine.

### Further information

Watch video of examinations:  
[www.youtube.com](http://www.youtube.com)>> Tutkimukset  
minuutissa: Ultraääni



**Patient Instruction**  
HUS Medical Imaging Center  
Radiology

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[www.tutkimukseen.fi](http://www.tutkimukseen.fi)

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