



## FUNDUS (EYEGROUND) SCREENING

You have been referred to fundus photography screening. Please book an appointment by logging in [www.maisa.fi](http://www.maisa.fi). You can also book the appointment by phone, tel. 09 471 80900 (Mon–Fri 8:00–15:30).

Please note: If you have had an eye operation or an eye specialist has examined you after you last visited your doctor or diabetes nurse, please take a summary of your examinations and treatments to your next appointment with them. This will help in establishing the appropriate time for your next fundus screening. Fundus photography is not recommended immediately after a procedure, and it is not necessary to perform photography simultaneously with fundus examination.

### Preparing for the examination

Fundus photography does not require any preparations from you. You do not need to arrive in advance. The photography will only take a few minutes, but please reserve about an hour for your visit. Eye drops that dilate the pupils will be used and the time for those to take effect varies individually. Remove any contact lenses before you arrive. Let the staff know if you are allergic to any ingredient of the eye drops.

### Course of the examination

During the examination you will sit in front of a camera and focus your eyes into a focus point. A bright flash might dazzle you momentarily.

### After the examination

The eye drops will affect your vision for about 2 to 3 hours. You can wear sunglasses to help with glare. You should not drive during this time. You will get the results from the unit responsible for your care.

### Other matters

Please bring your KELA card with you. You will see the text “Silmänpohjakuvaus” on the door of the examination room.