

**Patient Instruction** 

**HUS Diagnostic Center** Radiology

www.tutkimukseen.fi

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# **Pelvic MRI**

Your doctor has referred you for an MRI examination.

Please familiarise yourself with the MRI safety questionnaire in advance and bring the filled in form with you.

Due to the preparations required, please arrive to the examination department approximately 30 minutes before the appointment booked for you.

Please reserve approximately 3 hours for your visit.

The examination takes 30-60 minutes. Patients who need urgent examinations may be examined before you.

Please see the arrival instructions or appointment letter for contact information, if you have any questions about the examination.

#### Before the examination

- You must abstain eating for 4 hours before the examination.
- You may drink normally.
- Continue to take any medication prescribed by your doctor.
- Do not wear any transdermal patches.
- You should remove all jewellery and piercings and it is recommended that you leave them at home.

# **During the examination**

An MRI examination provides precise anatomical images.

Imaging takes place in a tunnel-like device that is open from both ends.

You may have a support person in the examination room with you.

You will also have a signalling and speech connection to the radiographer performing the examination.

The success of the examination requires staying still.

Every attempt is made to have your examination position as comfortable as possible.

You will be given ear plugs and headphones because the examination causes a relatively loud noise.

It is possible to listen to the music during majority of examinations.

You may bring your own CD with you.

Before the examination, the rectum and/or vagina may be filled with a gel-like mixture. During the examination, you will be administered medication that relaxes the bowel, in addition to paramagnetic contrast medium that does not contain iodine. The contrast medium is eliminated from the body in urine.

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Tunniste: 574



## After the examination

The examination does not require any post treatment.

You will receive the results of the examination from the doctor who treats you. If you do not know how to find out the results, please contact the outpatient clinic or ward that referred you to this examination.

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# Other things to note

Please take your Kela-card or identification with you.

You will not be charged for the examination separately.

Cancel the appointment if you cannot come. If you do not cancel, you will be charged a fine.

## **Further information**

Watch video of examinations: <a href="https://www.youtube.com">www.youtube.com</a> >> Tutkimukset minuutissa: Magneettitutkimus.