

Treatment of calcium deposits in tendon of the shoulder in South Karelia Central Hospital x-ray unit

In this procedure, a calcium deposit in your rotator cuff will be removed with a needle.

Please note when you arrive:

- You cannot drive a car for 12 hours after the procedure.

Please reserve 2 hours for your visit.
The procedure takes approximately 30 minutes.

Patients who need urgent examinations may be examined before you.

Please see the arrival instructions for contact information if you have any questions about the procedure.

During the procedure

You will be sitting or lying down during the procedure.

A radiologist will use ultrasound to locate the calcium deposit in your shoulder.
Then, they will numb the area and break the calcium deposit with a needle.

Your condition will be monitored in the X-ray unit for a while after the procedure.

After the procedure

- Do not strain your shoulder for 2 days.
For example, do not perform heavy labour or strenuous exercises.
- Keep the shoulder dry for a day.

Your shoulder may become swollen and ache.
You can use a cold pack or cold gel at home to ease these symptoms.

Other things to note

You will not be charged for the examination separately.

Cancel the appointment if you cannot come.
If you do not cancel, you will be charged a fine.