

## Prostate MRI

This scan is performed to see if there is anything abnormal in the prostate.

Magnetic resonance imaging produces precise images without X-rays. The MRI scan is performed with a device that is like a tunnel, open at both ends.

Please familiarise yourself with the patient information form in advance. Bring the filled form with you to the scan.

**Please arrive 30 minutes before your scheduled appointment.**

Please reserve approximately 3 hours for the visit. The scan usually takes 30 to 60 minutes. Patients who need urgent examinations may be examined before you.

Please see the arrival instructions or appointment letter for contact information, if you have any questions about the examination.

They may stay in the imaging room during the scan. If the support person has any item or condition that prevents an MRI scan, they cannot stay in the imaging room. These are listed on the patient information form.

**If you have an artificial joint replacement** in your hip, please call the unit where your MRI appointment is to take place. The artificial hip joint may affect the choice of scanner. Please see the arrival instructions for the contact information.

### **Before the examination**

To empty your bowels, you need to buy a Toilax kit from a pharmacy. The kit has 4 tablets and an enema. You do not need a prescription for this kit.

It is important that you empty your rectum according to the instructions.

### **One day before the examination:**

- Eat and drink as usual.
- Take your prescribed medication as usual.
- Take 2 Toilax tablets in the morning. Please see the Toilax package for instructions.
- Take 2 Toilax tablets in the evening.

### **On the day of the examination:**

- Remove all jewellery and leave them at home.
- Administer the enema at home 3 to 4 hours before the examination.

Please see the Toilax package for instructions.

The enema will empty your rectum.

- Do not eat for 4 hours before the examination.
- You can drink water.
- Take your regular medication as usual.
- **If you are using a transdermal patch**, schedule its replacement for the examination day.  
Remove the old patch for the duration of the scan.  
Attach the new patch after the scan.
- **If you have a sensor that monitors interstitial fluid glucose**, you must remove it before the scan.  
Bring a new sensor with you.

### During the examination

You must use the toilet before the scan can begin.

You will change into hospital clothes before the scan.

A radiographer will help you to lie down in a comfortable position on the scanner's examination table.

For the images to succeed, you must remain completely still.

You will receive earplugs and hearing protectors because the MRI scanner makes loud noise.

You can listen to the radio if you wish.

The radiographer will be in the adjacent room during the scan.

The radiographer will see and hear you throughout the examination.

A cannula will be placed in your vein. It is used to administer medication that relaxes your bowels.  
The images will be better this way.

A radiologist will decide if you will be given a contrast agent injection.  
The contrast agent makes it easier to identify tissues in the images.

### After the examination

You will receive the results of the examination from the doctor who treats you.

If you do not know how to find out the results, please contact the outpatient clinic or ward that referred you to this examination.

### Other things to note

You will not be charged for the examination separately.

Cancel the appointment if you cannot come.

If you do not cancel, you will be charged a fine.

### Further information

Watch video of examinations:

[www.youtube.com](http://www.youtube.com) >> Tutkimukset  
minuutissa: [Magneettikuvaus](#).

Subtitles: English, Swedish, Finnish