

Abdominal ultrasound examination

You have been referred to an ultrasound examination.

Please reserve one hour for your visit. The examination usually takes 20 minutes.
Patients who need urgent examinations may be examined before you.

Please see the arrival instructions or appointment letter for contact information, if you have any questions about the examination.

Before the examination

- Do not eat for 3 hours before the examination.
- Do not chew chewing gum, or drink carbonated drinks on the examination day.
- Take your prescribed medication as instructed.
- Drink plenty of fluids. **Your urinary bladder should be full when you arrive to the examination.**
- If you have a urinary catheter, close it 2 hours before the examination.

Follow these instructions carefully to ensure a successful examination.

During the examination

An ultrasound examination is painless. No radiation will be used.

You will be lying down for the examination, and you will need to remove clothes from the area to be examined.

A radiologist or a radiographer will spread gel on the area to be examined and move the ultrasound probe on your skin.

In some ultrasound examinations, the radiologist may administer a contrast agent intravenously.

After the examination

- After the examination, you may eat and drink normally.
- If you have closed your urinary catheter, open it.
- If you have received the contrast agent and are currently breastfeeding, you may breastfeed 3 hours after the scan.
- You will receive the results of the examination from the doctor who treats you.
- If you do not know how to find out the results, please contact the outpatient clinic or ward that referred you to this examination.

Other things to note

- You will not be charged for the examination separately.
- Cancel the appointment if you cannot come. If you do not cancel, you will be charged a fine.

Further information

Watch video on YouTube: www.youtube.com >> [Tutkimukset minuutissa: Ultraääni \(rev2024\) - YouTube](#)