

Breast ductography

You have received a referral for an examination of a breast milk duct with contrast agent, which is also called a ductography.

Please reserve 2 hours for your visit. The examination takes approximately 30–60 minutes.

Please see the arrival instructions or appointment letter for contact information, if you have any questions about the examination.

Before the examination

- You do not need to prepare for the examination in any way.
- **If you are hypersensitive to iodine contrast agent**, please inform the doctor who referred you to this examination.
- Do not empty the duct by squeezing the breast on the day of the examination. Otherwise it may be difficult to find the secreting duct.

During the examination

You will need to remove all clothing from the waist up for the examination.

The radiologist will find the secreting duct by squeezing the breast. Then, the radiologist will inject contrast agent into the duct with a thin tube.

Then, a radiographer will compress the breast between two plates and take 2-3 X-ray images. The compression is needed to make the image sharp. You will be standing up or sitting down during the scan.

After the examination

The health center, outpatient clinic or ward that referred you to the examination will let you know the results of the examination.

Other things to note

If you have old mammography, ultrasound or MRI images on a CD, please bring them with you.

You will not be charged for the examination separately.

Cancel the appointment if you cannot come. If you do not cancel, you will be charged a fine.

Further information

Watch video of examinations: [youtube.com](https://www.youtube.com) >> Tutkimukset minuutissa: [Mammografia](#).