

Mammography

You have received a referral for an X-ray examination of the breasts, which is also called a mammography.

Sometimes an ultrasound examination or procedure is performed at the mammography appointment, for example, to take a tissue sample.

Please reserve 2 hours for your visit. The examination takes approximately 15–20 minutes.

Please see the arrival instructions or appointment letter for contact information, if you have any questions about the examination.

Before the examination

If you breastfeed, you must empty your breasts before the examination.

During the examination

You will need to remove all clothing from the waist up for the examination. You will be standing up or sitting down during the scan.

In the examination, a radiographer will compress your breast between two plates and take X-ray images. The compression is needed to make the image sharp. 2–3 images will be taken of both breasts.

After the examination

The health center, outpatient clinic or ward that referred you to the examination will let you know the results of the examination.

Other things to note

If you have old mammography, ultrasound or MRI images on a CD, please bring them with you.

You will not be charged for the examination separately.

Cancel the appointment if you cannot come. If you do not cancel, you will be charged a fine.

Further information

Watch video of examinations: [youtube.com >> Tutkimukset minuutissa: Mammografia](https://www.youtube.com/watch?v=Tutkimukset_minuutissa_Mammografia).