

## Ultrasound examination of the breasts and possible procedure

You have received a referral for an ultrasound examination.

Sometimes a procedure is performed at the ultrasound appointment, for example, to take a tissue sample or to drain a cyst.

Please reserve 2 hours for your visit.

The examination takes approximately 30 minutes.

Please see the arrival instructions or appointment letter for contact information, if you have any questions about the examination.

### **Before the examination**

You do not need to prepare for the examination or procedure in any way.

### **During the examination**

You will need to remove all clothing from the waist up. You will lie on an examination table during the examination.

The radiologist will spread gel on the area to be examined and move the ultrasound probe on your skin. The radiologist will decide if a breast X-ray is also needed.

If the radiologist sees a change in the breast, they will take a sample of it. The radiologist will numb the injection site before the procedure.

The sample will be sent to the laboratory to be analyzed.

## After the examination

If you have had a procedure:

- Keep the puncture site dry for one day.
- Avoid physical strain for a day.
- You may experience some pain in the breast.

You can use paracetamol for the pain (Panadol® or Paratabs®) or ibuprofen (for example Burana® or Ibumax®).

**Do not take acetylsalicylic acid** (for example Aspirin® or Disperin®).

The health center, outpatient clinic or ward that referred you to the examination will let you know the results of the examination.

## Other things to note

Please take your Kela-card or identification with you.

If you have old mammography, ultrasound or MRI images on a CD, please bring them with you.

You will not be charged for the examination separately.

Cancel the appointment if you cannot come. If you do not cancel, you will be charged a fine.

## Further information

Watch video of examinations: [youtube.com](https://www.youtube.com) >> Tutkimukset minuutissa: [ultraääni](#).