

Sclerotherapy for lymphatic malformation

You have received a referral for sclerotherapy of a lymphatic malformation.

In most cases, the procedure takes approximately ½–1 hour in addition to ½–2 hours of post-treatment care.

Before the procedure

If you are hypersensitive to local anaesthetics or iodine-bearing contrast medium, or you are or suspect you might be pregnant, please inform the referring doctor or the radiographer of this before the procedure.

- You must abstain from eating, drinking and smoking for at least 4 hours before the procedure.
- Please shower on the morning of the procedure.
- Any medication prescribed to you by your doctor should be taken normally.
- Please note that you are not allowed to drive a car for 6 hours following the procedure.

During the procedure

You will change into hospital clothes before the procedure.

An intravenous cannula is placed in a vein of your hand.

At first, the area to be treated will be examined with ultrasound and the treatment position will be determined.

The radiology staff will inform you of the progress of the procedure.

The procedure is performed under local anesthesia. A very thin needle will be inserted into the affected lymphatic vessel. The needle is used to inject the contrast medium and therapeutic substance.

Some pain may be involved in the procedure, and you will be given pain medication to alleviate it.

After the procedure

Once the procedure is finished, you will rest in the monitoring area of the radiology department.

Your doctor can write you a certificate for sick leave if necessary.

You will receive separate instructions for after care from the radiology department.

After the procedure, you may eat and drink normally.

Other things to note

Please take your Kela-card or identification with you.

Cancel the appointment if you cannot come. If you do not cancel, you will be charged a fine.